

Welcome to the NOW Clinic

The New Opportunities for Wellness (NOW) Clinic provides rapid access to behavioral health treatment for adults in Bexar county. Our providers will partner with you to create an individualized treatment plan that helps you achieve your personal goals for wellness.

The NOW provides five kinds of services:

- Medication management—provided by a doctor or nurse practitioner.
- Counseling—individual, couples/family, and group therapy are available.
- Care coordination—provided by a case manager or social worker, who helps you access the services you may need such as insurance, prescription benefits, and connections with providers in the community.
- Crisis support—during business hours (M-F, 8 AM-4 PM), you may go to the Living Room at the TCC (7526 Louis Pasteur, 3rd floor) for help with mental health crises instead of going to the emergency room—no appointment needed.
- Peer support—a certified Peer Specialist has lived experience of mental health recovery and can provide emotional support or help you work toward personal goals or other nonclinical parts of your recovery.

Important Information

Scheduled and Missed Appointments

- Cancellation policy: If you need to cancel or reschedule an appointment at the NOW, please call **24 hours in advance**.
- You will be discharged from the NOW Clinic if you **no-show three appointments** with any provider in a 12-month period. A no-show is a scheduled appointment that you miss without calling us or cancel an hour or less before the appointment.
 - If you are discharged, a case manager will help you find other care in the community, if needed.

Emergencies

For ANY physical health emergency, please call 911 or go to the nearest emergency room. In case of a mental health emergency outside of business hours, you may

- call 911
- go to the nearest emergency room
- call the Mobile Crisis Outreach Team (in Bexar County) at 210-223-7233
- call (210) 450-7222 for on-call physician services

Parking

Patient parking is in front and on the left side of the building. There is no charge.

Bus Lines

95, 602, 603

Location: 7810 Louis Pasteur Dr., Suite 100, San Antonio, TX 78229

Phone Number: (210) 450-7222